

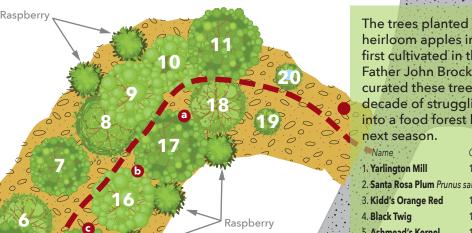
## COMMUNITY CONTEMPLATIVE

## FOOD FOREST

Grace Episcopal Church 150 Chapel St, Norwood, MA 02062

A food forest is an edible landscape that mimics a

natural forest. It utilizes permaculture (permanent agriculture) concepts that are designed by nature and create a self-sustaining, food-producing environment. The Community Contemplative Food Forest offers a refuge for those seeking peace in our natural surroundings and an invitation to contemplate nature-centered aphorisms from many cultures and religions scattered along the forest path. It also produces food for anyone in the community, as well as the on-site Norwood Food Pantry that distributes it free of charge to those in need.



Japanese Liliac

The trees planted in the original orchard include the oldest heirloom apples in the North America. The Roxbury Russet was first cultivated in the Town of Roxbury, Massachusetts in 1635. Father John Brockman, the pastor of Grace Episcopal Church, curated these trees and planted them in 2010. After almost a decade of struggling, the pruning and conversion of the orchard into a food forest began in 2019, and it began to thrive the very next season.

Name	Cultivated	Country	Ripens	Best Use
1. Yarlington Mill	1800	England	Late	Cider
2. Santa Rosa Plum Prunus salicina 'Santa Rosa'				
3. Kidd's Orange Red	1924	New Zealand	Bittersweet Late	Fresh, Cider
4. Black Twig	1868	Arkansas	Very Late	Fresh, Cooking, Baking, Cider
5. Ashmead's Kernel	1700	England	Tart Late	Fresh, Baking, Cider
6. Bavay's Green Gage	1832	Belgium	Very Late	Cooked, Canned, Preserved
7, Snow Apple, Fameuse	1824	Canada	Early	Fresh, Cooking
8. Roxbury Russet	1635	Massachusetts	Late	Fresh, Cooking, Baking, Cider
9. Red Astrachan	1816	England	Very Early	Fresh, Baking, Dried Apples
10. Grime's Golden	1832	Virginia	Late	Fresh, Cooking, Baking, Cider
11. Cox Orange Pippin	1850	England	Midseason	Fresh, Cooking, Baking, Cider
12. Newtown Pippin	1759	New York	Late	Fresh, Cooking, Baking, Cider
13. Baldwin	1784	Massachusetts	Late	Fresh, Cooking, Baking, Cider
14. Belle de Boskoop	1856	Holland	Late	Fresh, Cooking, Baking, Cider
15. Stella Cherry Prunus avid	ım 'Stella'			
16. Northern Spy	1800	New York	Late	Fresh, Cooking, Baking, Cider
17. Snow Apple, Fameuse	1824	Canada	Early	Fresh, Cooking
18. Bartlett Pear Pyrus comm	nunis 'Willia	ms'		
	1. Yarlington Mill 2. Santa Rosa Plum Prunus s 3. Kidd's Orange Red 4. Black Twig 5. Ashmead's Kernel 6. Bavay's Green Gage 7, Snow Apple, Fameuse 8. Roxbury Russet 9. Red Astrachan 10. Grime's Golden 11. Cox Orange Pippin 12. Newtown Pippin 13. Baldwin 14. Belle de Boskoop 15. Stella Cherry Prunus avid 16. Northern Spy 17. Snow Apple, Fameuse	1. Yarlington Mill       1800         2. Santa Rosa Plum Prunus salicina 'Santa'       3. Kidd's Orange Red       1924         4. Black Twig       1868         5. Ashmead's Kernel       1700         6. Bavay's Green Gage       1832         7, Snow Apple, Fameuse       1824         8. Roxbury Russet       1635         9. Red Astrachan       1816         10. Grime's Golden       1832         11. Cox Orange Pippin       1850         12. Newtown Pippin       1759         13. Baldwin       1784         14. Belle de Boskoop       1856         15. Stella Cherry Prunus avium 'Stella'         16. Northern Spy       1800         17. Snow Apple, Fameuse       1824	1. Yarlington Mill         1800         England           2. Santa Rosa Plum Prunus salicina 'Santa Rosa'         3. Kidd's Orange Red         1924         New Zealand           4. Black Twig         1868         Arkansas           5. Ashmead's Kernel         1700         England           6. Bavay's Green Gage         1832         Belgium           7, Snow Apple, Fameuse         1824         Canada           8. Roxbury Russet         1635         Massachusetts           9. Red Astrachan         1816         England           10. Grime's Golden         1832         Virginia           11. Cox Orange Pippin         1850         England           12. Newtown Pippin         1759         New York           13. Baldwin         1784         Massachusetts           14. Belle de Boskoop         1856         Holland           15. Stella Cherry Prunus avium 'Stella'         New York	1. Yarlington Mill 1800 England Late 2. Santa Rosa Plum Prunus salicina 'Santa Rosa' 3. Kidd's Orange Red 1924 New Zealand Bittersweet Late 4. Black Twig 1868 Arkansas Very Late 5. Ashmead's Kernel 1700 England Tart Late 6. Bavay's Green Gage 1832 Belgium Very Late 7, Snow Apple, Fameuse 1824 Canada Early 8. Roxbury Russet 1635 Massachusetts Late 9. Red Astrachan 1816 England Very Early 10. Grime's Golden 1832 Virginia Late 11. Cox Orange Pippin 1850 England Midseason 12. Newtown Pippin 1759 New York Late 13. Baldwin 1784 Massachusetts Late 14. Belle de Boskoop 1856 Holland Late 15. Stella Cherry Prunus avium 'Stella' 16. Northern Spy 1800 New York Late 17. Snow Apple, Fameuse 1824 Canada Early



- Keep a tree in your heart and perhaps the singing bird will come. Suf
- When all the trees have been cut down, when all the animals have been hunted, b when all the waters are polluted, when all the air is unsafe to breathe, only then wi you discover you cannot eat money. Cree

19. **Asian Pear Hosui** *Pyrus pyrifolia 'Hosui'* 20. **Asian Pear Shinseiki** *Pyrus serotina 'Shinseiki'* 

- Whoever plants a tree and looks after it with care, until it matures and become productive, will be rewarded in the Hereafter. Hadith, Bukhari & Muslim
- A society grows great when old men plant treeswhose shade they know they w
- e You will know the tree by the fruit it bears. Gospel of Matthe
- f If I knew that tomorrow was the end of the world, I would plant an apple tree today

